BRAIN AND BEHAVIOUR WORKSHOP

for parents and carers

come and join us for this interactive workshop, that will explore brain development in children and lots of practical tips and suggestions to support healthy brains.

Tuesday 24th March 2026

9:30-11:00AM

The Pines Primary School

The session will be delivered by Stephen Vegh. Stephen trained as a secondary school teacher and more recently moved to Bracknell Forest Virtual School. He is about to complete his diploma in Mental Health and Trauma Informed Practitioner. Stephen is pro-parent and delivers sessions in a no shame/no blame approach.

